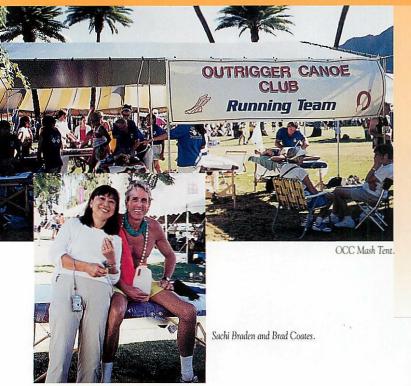
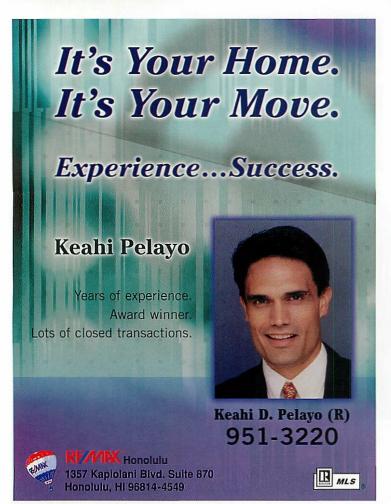
## **Dave Stackhouse Leads OCC**





By Don Eoving

This year's running of the Honolulu Marathon proved to be one of the biggest from the Club's participation. More than 33 runners crowded the bus for the ride to the start at 4:10 a.m. Next year, we'll get a bigger bus.

The day of the race was cool and not too windy an ideal race day for those fast

and not so fast

Group photos were done frantically at the Club, race gels and protein bars were provided, along with anti-rash ointment, and nip-guards to prevent abrasions in sensitive areas. New uniforms were passed out to those who hadn't picked them up yet, contrary to conventional wisdom that says you don't use anything on race day that you haven't used before.

At 3:59, only a few runners were bumbling about the Club trying to wake up. At 4:05, all 33 runners were entrenched and ready to go. Excitement filled the air as the bus headed to the VIP entrance where our runners were dropped off right at the start, avoiding the extra mile walk others had to endure to get to the starting line.

A new chip, inserted into the shoe lace, allowed runners not to have to crowd the start since their time didn't click off until the chip crossed the starting line. The new chip allowed one to get their 10K split, half-marathon split, 30K split, finishing time, age, finishing position in the race, age group placing, and male-female placing.

This was all done instantly as soon as you crossed the finish line by logging onto the marathon's web page. No cheating or puffing with this device. Very interesting.

At the 5 a.m. start, the excitement included a rousing display of fireworks and cannon shots at Ala Moana Park, as approximately 25,000 plus runners began their quest to the finish line.

For the Outrigger, the following met the challenge:

Dave Stackhouse came in the fastest runner at 3:03, bettering last year's fast time of 3:07. Sounds easy, but Dave's time placed him at 189th overall. What an accomplishment.

He was paced by John Cheever who recorded a little slower time when his legs gave out coming down Diamond Head at 3:04.

John Akana sped to a fast 3:28 for third best from the Club.

Gino Merez returned from law school in D.C. to recover from thyroid cancer and still managed a 3:34.

Katy Bourne matched last year's time at 3:36 doing her fit-for-life training.

A surprise time came from always fit Megan Goldman at 3:45. Ikaika Kincaid came in near last year's time in a respectable 3:50.

Billy Balding, with minimum marathon training, scored a 4:07.

Bob Dewitz cruised to a fast 4:08 following a mean first half split.

Kim Harshman pegged a streamlined 4:08 also.

Terry Field ran an amazing fast time considering that she just gave birth this year and finishing in 4:20.

Brad Coates trained a little this year and bettered his time to a 4:24.

Candes Meijide Gentry recovering from a busy Miss Hawaii 1999 year, finished in 4:32 with little effort.

Brooke Berrington effortlessly posted a 4:36.

Jim Stahl estimated a sub five and came in true to form with a 4:53 despite muscle cramps on the way down Diamond Head.

Arnold Lum caught a bad cold prior to the race but managed to swallow enough vitamins and cold medicine to register a painful 5:07.

Chris Worrall improved to 5:07.

Don Eovino, who suffered a broken rib six weeks before the race, enjoyed a slow pace running and walking. He was paced by Kenton Eldridge from Diamond Head to Hawaii Kai, and finished cheerfully in 5:25. Kenton is training for the Australian Ironman in April and didn't want to disrupt his rigid schedule and used his escorting as a training run.

Janet Hobson came in at 5:40.

Other runners who didn't record their time at the MASH tent were Linda Pelayo, Bruce and Shree Ames, Allison Guard, Danielle Nicholson, Karen Torkildson and Nicole Bates.

As usual, Gerry DeBenedetti assisted at the OCC tent. John Radar had the chef prepare surprise desserts for the finishers who requested them. The American Institute of Massage Therapy, led by Elizabeth Reveley, provided much needed massages at the finish.

And the Club staff fixed and supplied our tent which was an oasis in the park for those brave hearts who compete each year in this end of year stalwart athletic event.



Meeting at the Club for a 4 a.m. photo before the start of the Honolulu Marathon were: front, Candes Meijide Gentry, Janet Hobson, Brooke Berrington, Allison Guard, Nicolas Bates, Kim Harshman, Mai Scherelle, Shree Ames. Second row, Danielle Nicholson, Karen Torkildson, Jim Stahl, Arnold Lum, Brad Coates, Ingrid. Back row, Megan Goldman, David Stackhouse, Gino Merez, John Akama, Linda Pelayo, Ikaika Kincaid, Chris Worrall, Bob Dewitz, Bruce Ames, Billy Balding, John Cheever.

Jim Stahl and Don Eovino, running buddies since 1978, are a little rounder and a little balder, but still cheerful.